

# MASK UP!

## WE'RE IN THIS TOGETHER

All HWCDSB students, Kindergarten to Grade 12, must wear a non-medical or cloth mask while at school and on the school bus.

Wearing a mask is an additional measure we can take to reduce the transmission of COVID-19 and keep each other safe. Before putting on or taking off a clean mask, make sure to wash your hands for at least 20 seconds with warm water and soap. Handle the mask by its ear loops and make sure the mask covers your nose, mouth and chin, without gapping.

Students are asked to bring their own masks which can be used until they become damp, visibly soiled or damaged. Parents/guardians are asked to send additional masks to school in case students need to change their mask during the school day. Masks will be available if a student forgets to bring a mask to school.

**Students are encouraged to practice wearing masks at home to help lessen anxiety and learn what type of mask is most comfortable for them.**



### DOs and DON'Ts:

- ✓ DO wash your reusable mask with hot water and detergent after each use
- ✓ DO store clean masks in a container or paper bag to avoid contamination
- ✗ DON'T touch your face when wearing a mask
- ✗ DON'T share your mask with others
- ✗ DON'T reuse single-use masks. Dispose in garbage bins

